

October 2026 Calendar

Name: _____ Phone Number: _____ Lunch: Yes _____ No _____

Please indicate the days you plan to attend by marking an "X" on your calendar and return no later than the 5th of each month. If you are going to be absent, please contact Jessica La Pointe or Jaime Baker no later than 8am. The community outings offered will not replace our in-program activities, rather they will be an additional offering. Please mark "YES" on any outings that you would like to attend.

Daily Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
8:30am - 9:30am Arrivals + Coffee/Snacks				1	2 Denver Pet Partners Vestal Center 10:30am – 11:00am
9:30am - 12:00pm Rehabilitation or Community Activity					
12:00pm - 1:00pm Lunch	5	6 Art Workshop ** Lakewood Cultural Center Leave at 10:40am Return at 12:15pm	7 Therapeutic Swim Link Rec Center Leave at 9:30am Return at 11:30am	8 Music Therapy Creative Remedies Vestal Center 10:00am – 11:00am	9
1:00pm - 2:00pm Afternoon Activity	12	13 Bowling Outing Lucky Strike Lakewood Leave at 9:30am Return at 12:00pm	14	15 Support Group Vestal Center 11:00am-12:00pm	16 Lunch Outing * Chick-fil-a Leave at 10:30am Return at 12:00pm
	19 Therapeutic Swim Link Rec Center Leave at 9:30am Return at 11:30am	20 Denver Museum of ** Nature and Science Leave at 9:30am Return at 12:30pm	21	22	23
	26	27 Yoga Workshop Guided by Humanity Vestal Center 9:00am – 10:00am	28	29 Library Visit Belmar Library Leave at 9:30am Return at 11:30am	30 Coffee Outing * Starbucks Leave at 9:30am Return at 11:30am

* Cost not included

** Return time will be by 2:00pm - Please schedule rides accordingly

Participants have the choice of participating in the Community Activity or participating in Rehabilitation. Community Activities are listed on their designated days. In-program Rehabilitation options include one-on-one skilled therapy treatment, group therapy, and individualized home exercise programs.

Afternoon Activities include participants' choice of cognitive or therapeutic activity.

We offer a variety of snacks and prepared lunches on request. Lunch offerings include sandwiches, soup, salad, pizza, pasta, potato salad and fruit.

Easterseals Colorado
Neurological Rehabilitation Adult Day Program
5755 W Alameda Ave, Lakewood, CO 80226
(303) 596-2819

If you have any questions, contact:
Jessica La Pointe, Sr. Director/Day Programs
(303) 596-2819
jlapointe@eastersealscolorado.org

To sign up for a Community Activity, contact:
Jaime Baker, Program Manager
(720) 769-9734
jbaker@eastersealscolorado.org